

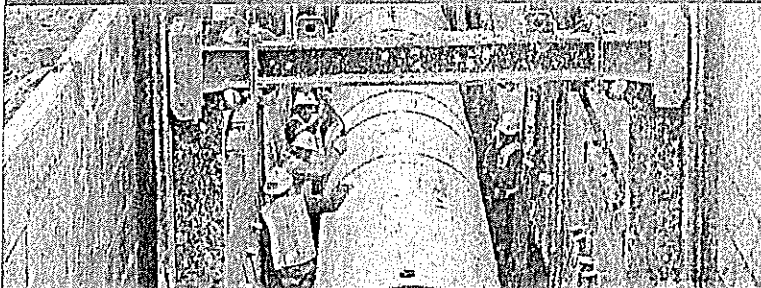
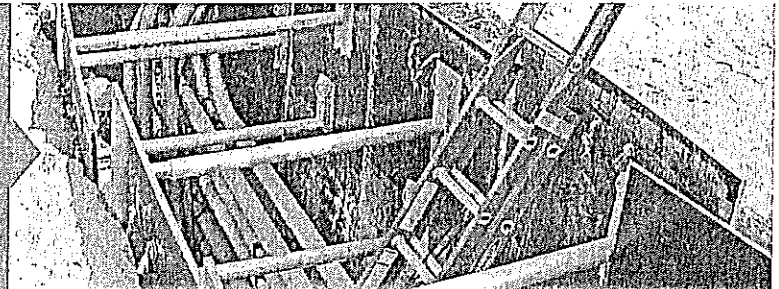
## TRENCHING SAFETY

# 5 Things You Should Know to Stay Safe



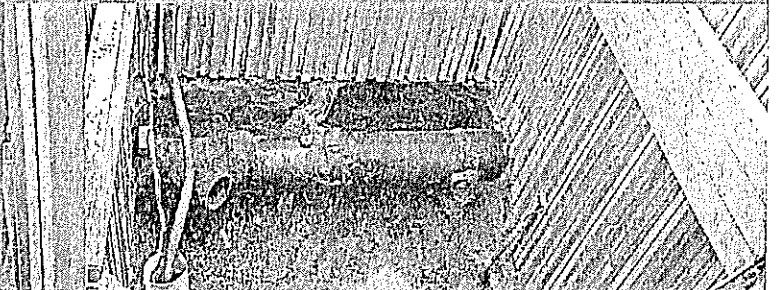
**1** Ensure there's a safe way to enter and exit.

See 1926.651(c)



**2** Trenches must have cave-in protection.

See 1926.652(a)



**3** Keep materials away from the edge of the trench.

See 1926.651(f)



**4** Look for standing water or other hazards.

See 1926.651(h)



**5** Never enter a trench unless it has been properly inspected.

See 1926.651(k)

# PROTECT WORKERS IN TRENCHES

Prevent trench  
collapses and  
save lives:

**SLOPE** or bench  
trench walls,

**SHORE** trench walls  
with supports, or

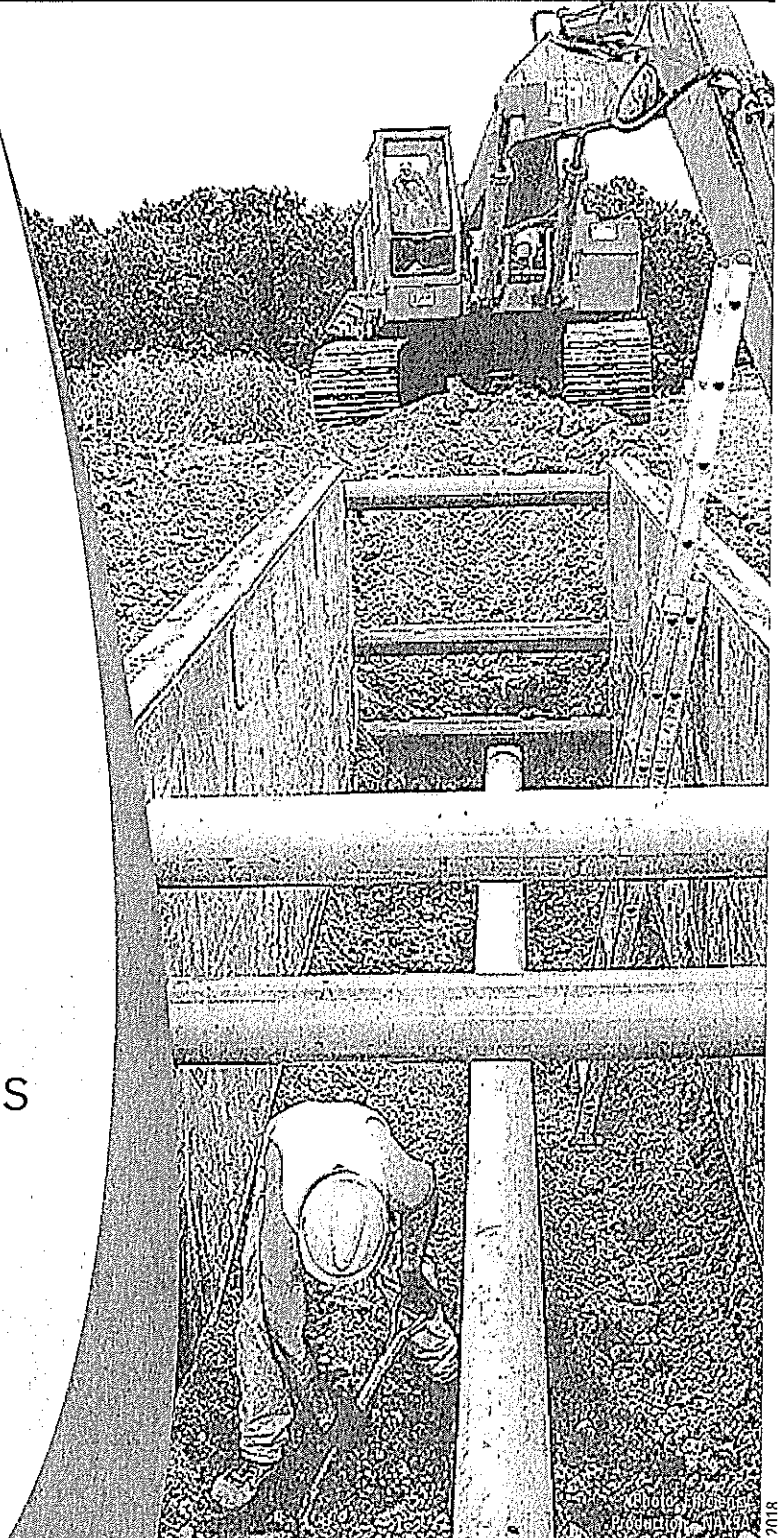
**SHIELD** trench  
walls with trench boxes



U.S. Department of Labor

**OSHA**

Occupational Safety  
and Health Administration



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## Working Safely in Trenches

When done safely, trenching operations can reduce worker exposure to cave-ins, falling loads, hazardous atmospheres, and hazards from mobile equipment.



OSHA standards require that trenches and protective systems be inspected daily and as conditions change by a competent person before work begins.

### **Never enter a trench unless:**

- It has been properly inspected by a competent person.
- Cave-in protection measures are in place.
- There is a safe way to enter and exit.
- Equipment and materials are away from the edge.
- It is free of standing water and atmospheric hazards.

### **Prevent trench collapses:**

- Trenches 5 feet deep or greater require a protective system.
- Trenches 20 feet deep or greater require a protective system designed by a registered professional engineer.

### **Protective systems for trenches:**

- SLOPE or bench trench walls by cutting back the trench wall at an angle inclined away from the excavation.
- SHORE trench walls by installing aluminum hydraulic or other types of supports to prevent soil movement.
- SHIELD trench walls by using trench boxes or other types of supports to prevent soil cave-ins.

For more information:



U.S. Department of Labor



Occupational  
Safety and Health  
Administration

[www.osha.gov](http://www.osha.gov) (800) 321-OSHA (6742)

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## Trenching and Excavation Safety

Trench collapses, or cave-ins, pose the greatest risk to workers' lives. When done safely, trenching operations can reduce worker exposure to other potential hazards include falls, falling loads, hazardous atmospheres, and incidents involving mobile equipment.

OSHA standards require that employers provide workplaces free of recognized hazards. The employer must comply with the trenching and excavation requirements of 29 CFR 1926.651 and 1926.652 or comparable OSHA-approved state plan requirements.

### Trench Safety Measures

Trenches 5 feet (1.5 meters) deep or greater require a protective system unless the excavation is made entirely in stable rock. If less than 5 feet deep, a competent person may determine that a protective system is not required.

Trenches 20 feet (6.1 meters) deep or greater require that the protective system be designed by a registered professional engineer or be based on tabulated data prepared and/or approved by a registered professional engineer in accordance with 1926.652(b) and (c).

### Competent Person

OSHA standards require, before any worker entry, that employers have a competent person inspect trenches daily and as conditions change to ensure elimination of excavation hazards. A competent person is an individual who is capable of identifying existing and predictable hazards or working conditions that are hazardous, unsanitary, or dangerous to workers, soil types and protective systems required, and who is authorized to take prompt corrective measures to eliminate these hazards and conditions.

### Access and Egress

- Keep heavy equipment away from trench edges.
- Identify other sources that might affect trench stability.
- Keep excavated soil (spoils) and other materials at least 2 feet (0.6 meters) from trench edges.
- Know where underground utilities are located before digging.

- Test for atmospheric hazards such as low oxygen, hazardous fumes and toxic gases when > 4 feet deep.
- Inspect trenches at the start of each shift.
- Inspect trenches following a rainstorm or other water intrusion.
- Do not work under suspended or raised loads and materials.
- Inspect trenches after any occurrence that could have changed conditions in the trench.
- Ensure that personnel wear high visibility or other suitable clothing when exposed to vehicular traffic.

### Protective Systems

There are different types of protective systems.

**Benching** means a method of protecting workers from cave-ins by excavating the sides of an excavation to form one or a series of horizontal levels or steps, usually with vertical or near-vertical surfaces between levels. *Benching cannot be done in Type C soil.*

**Sloping** involves cutting back the trench wall at an angle inclined away from the excavation.

**Shoring** requires installing aluminum hydraulic or other types of supports to prevent soil movement and cave-ins.

**Shielding** protects workers by using trench boxes or other types of supports to prevent soil cave-ins. Designing a protective system can be complex because you must consider many factors: soil classification, depth of cut, water

content of soil, changes caused by weather or climate, surcharge loads (e.g., spoil, other materials to be used in the trench) and other operations in the vicinity.

### **Additional Information**

Visit OSHA's Safety and Health Topics webpage on trenching and excavation at [www.osha.gov/trenching](http://www.osha.gov/trenching).

### **Workers' Rights**

Workers have the right to:

- Working conditions that do not pose a risk of serious harm.  
Receive information and training (in a language and vocabulary the worker understands) about workplace hazards, methods to prevent them, and the OSHA standards that apply to their workplace.
- Review records of work-related injuries and illnesses.
- File a complaint asking OSHA to inspect their workplace if they believe there is a serious

hazard or that their employer is not following OSHA's rules. OSHA will keep all identities confidential.

- Exercise their rights under the law without retaliation, including reporting an injury or raising health and safety concerns with their employer or OSHA. If a worker has been retaliated against for using their rights, they must file a complaint with OSHA as soon as possible, but no later than 30 days.

For additional information, see OSHA's Workers page ([www.osha.gov/workers](http://www.osha.gov/workers)).

### **How to Contact OSHA**

Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA's role is to help ensure these conditions for America's working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit [www.osha.gov](http://www.osha.gov) or call OSHA at 1-800-321-OSHA (6742), TTY 1-877-889-5627.

This is one in a series of informational fact sheets highlighting OSHA programs, policies or standards. It does not impose any new compliance requirements. For a comprehensive list of compliance requirements of OSHA standards or regulations, refer to Title 29 of the Code of Federal Regulations. This information will be made available to sensory-impaired individuals upon request. The voice phone is (202) 693-1999; teletypewriter (TTY) number: (877) 889-5627.



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